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PROFESSIONAL AFFILIATIONS

- Center for Specialty Care, -present
- Lenox Hill Hospital, 2008-present
- International Aesthetic Foot Society, Vice President and Co-Founder, 2005-present
- New York Presbyterian Hospital, Professional Associate of Podiatric Medicine, 1997-present
- Manhattan Eye, Ear and Throat Hospital, Podiatrist, 1998-present
- Americal Corporation, Peds Products, Inc., Specialty Consultant, 1997.
- American Academy of Podiatric Sports Medicine Fellowship
- American Podiatric Medical Association.
- American Podiatric Medical Writers Association.
- Board Certified Surgeon, San Francisco, California, 1985.
- Clinical Instructor, Cornell Medical Center.
- Diplomate, The American Board of Surgeons (Ambulatory Division).
- Diplomate, The American Board of Podiatric Examiners.
- International Society of Dermatology.
- *Spa*, Specialty Consultant and Contributing Editor.
- National Speakers Association, Podiatric Medicine and Related Issues.
- New Jersey Podiatric Medical Society.
- New York Times Medical Department, Specialty Consultant.
- Celmark Foot Products, Consultant.
- American Society for Laser Medicine and Surgery

AWARDS

- Most influential podiatrist and among the top podiatrists in the U.S. by “The Consumers’ Research Council of America.” 2007,2008, 2009
- Podiatric Management Magazine, One of the top and most influential podiatrists in the United States. 2008
- American Board of Podiatric Surgery (Ambulatory Division), Diplomat, 1985

EDUCATION

- Mount Sinai and Albert Einstein, preceptorship/clerkship in foot surgery and podiatric medicine, 1978-81.
- New York College of Podiatric Medicine, Doctor of Podiatric Medicine, 1977.
- Columbia University, College of Physicians and Surgeons, Master of Science, 1972.
- City University of New York, Bachelor of Arts, Biology, 1971, Cum Laude.

POST-DOCTORATE EDUCATION

- IMCAS (International Master Course on Aging Skin) January 1998-2007
- Cornell University Medical College- 1st Annual Symposium on Women’s Health Care.

- The Tumescent Technique Lipo-Suction Workshop- Lipo-suction Surgery, Loveland, Colorado, June 6 & 7, 1997.
- The American Podiatric Medical Association- Certificate in New Advances in Heel Spur Surgery- Endoscopic Plantar Fasciotomy, January 26, 1996.
- Center for Chinese Medicine- Certificate in Chinese Medical Studies, 1986.
- New York University School of Medicine- Certificate in Prosthetics and Orthotics.

LICENSURE

- New York State, Doctor of Podiatric Medicine, #N002752-1, 1977.
- New Jersey, Doctor of Podiatric Medicine, #MDO-1744, 1977.
- New York State, Registered Physical Therapist, #004477-1.

HOSPITAL AFFILIATIONS

- Lenox Hill Hospital, 2008-present
- Manhattan Eye, Ear and Throat Hospital, Podiatrist, 1998-present
- New York Hospital / Cornell Medical Center, Professional Associate of Podiatric Medicine 1997-present
- Center for Specialty Care, Affiliate of New York Hospital.
- Fifth Avenue Surgical Center.
- Ohio College of Podiatric Medicine- Clinical Instructor.

BOOKS

- My Feet Are Killing Me, Coauthor with Everett M. Lautin, M.D., and Michele Bender 2015
- Contributor to How Top Doctors Treat Themselves, Simon & Schuster 2009.
- Women Doctors Guide to Health and Healing, Oxmoor House, Inc., 2003
- You Don't Need Plastic Surgery, Coauthor Everett M. Lautin, MD with Kathryn Lance, M Evans Publisher, New York, 2003
- The Botox Book: What You Need To Know About America's Most Popular Cosmetic Treatment Coauthor Everett M. Lautin, MD, with Kathryn Lance. M Evans Publisher, New York, June 2002
- Your Feet Don't Have to Hurt, St. Martin's Press, 2000
- 50 Ways to Ease Foot Pain, Consumer Guides Publications International, 1994.
- Walk It Off!, Plume, 1990.
- My Feet Are Killing Me II!, Fawcett Crest, 1989.
- My Feet Are Killing Me!, McGraw Hill, 1987.
- Contributor to Age Erasers for Women, Rodale Press, 1994.
- Contributor to The Doctor's Book of Home Remedies for Children, Rodale Press, 1994.
- Contributor to Age Erasers for Men, Rodale Press, 1994.
- Contributor of House Calls: How Top Physicians Treat Themselves, Simon and Schuster, 1992.
- Contributor to High Speed Healing, Rodale Press, 1991.
- Contributor to Prevention's How-To Dictionary, Rodale Press, 1990.
- Contributor to The Doctor's Book of Home Remedies, Rodale Press, 1990.
- Contributor to The Good Foot Book, Doubleday, 1980.
- Foreword to Footnotes, Dolphin Books, 1980.

FEATURED IN

- Wikipedia, included in online encyclopedia 2015
- Shecky's Beauty Book New York City, Shecky's Publishing Inc 2006
- The Goddess Guide to Health and Healing, Oxmoor House, Inc., 2003
- Women Doctors Guide to Health and Healing, Oxmoor House, Inc, 2003

ARTICLES AUTHORED

- “Can Botulinum Toxin Have An Effect For Hyperhidrosis?” *Podiatry Today* September 2011; 58-64.
- “Acute and Chronic Musculoskeletal Pain Reduction With A Near Infrared Light Source” *Practical Pain Management* April 2012; Vol 12, Issue 3, 37-47
- “Quick Fixes for Problem Feet,” *Bottom Line Health*, May 2002
- “Osteomyelitis and Post-Operative Complications,” *The Journal of Ambulatory Foot Surgery*, May, 1988.
- “Osteomyelitis: Acute and Chronic Early Diagnosis and Treatment,” *Current Podiatry*, October, 1988.
- “Corns, Bunions and Calluses,” *Health and Medical Horizons*, 1987.
- “Fracture Healing and Bone Regeneration, Utilizing Electrical Nerve Stimulation,” *The Journal of Ambulatory Foot Surgery*, June, 1985.
- “Focus on Feet,” *Journal of the American Podiatric Association*, July, 1983.
- “Limb Study In Veterans and Gait Analysis,” *Bulletin of Prosthetics Research*, V.A. Hospital Center, Montrose, New York, 1981.
- “Antibiotics in Post Surgical Infections,” *N.Y.C.P.M. Arch Magazine*, 1980.

ARTICLE CONSULTATIONS/QUOTATIONS

- *Fashion Times.com*. BEAUTY NEWS: Top Arch Foot Pain When Walking? Podiatrist Talks How To Detect Health Issues From Cramps & Circulation Problems In Feet Part 2. Apr 14, 2015 12:37 AM EDT, By Kim West
- *Refinery29: Meet The Woman Who Invented The Loub Job*. By Phillip Picardi March 6, 2015
- *World Greek Reporter.com*. Dr. Suzanne Levine: “Cambodia Children Intrigued by their First Pair of Shoes” – by Fani Toli. February 4, 2015
- *Author’s Night: At East Hampton Library* Invitee to show her new book, *My Feet Are Killing Me*. August 9, 2014
- The New York Times: Fashion & Style: Make Them Fit, Please!. April 22, 2014.
- *New York Guides: Foot Soldiers: A dozen of the city’s top foot-perfecting services*. By Kayleen Schaefer Published Jun 3, 2012
- *Observer/News: Time for Toetox? Park Avenue Podiatrist Tends to Tortured Soles* by Irina Aleksander April 14, 2009
- *Self*: “hell on high heels” by Jan Goodwin, 176-183 October 2009
- *New York Post (Health)*: “Ease the agony of de-feet with some toe friendly TLC” by Rachel Grumman September 29, 2009
- *Elle Canada*: “The Last Stand: Stamp out foot pain for good with the latest treatments and friendly footwear, by Kristen Vinakmens. June 2009
- *Wall Street Journal* “Women Fall Head Over Heels for Shoe Makers’ Arch Designs” by Teri Agins, Front page, October 14, 2008
- *Woman’s World* “Side Step Heel Pain.” Sept 2008
- *Vogue*, “Sole Survival”, August 2008
- *Elle* Editor’s Pick of Beauty Products, April 2008
- *People* “Play Up Your Shape” April 2008
- *Family Circle* Happy Feet, April 2008
- *Self* “Complexion Perfection”. April 2008
- *Time Magazine* March 10, 2008
- *Elle* “Soul Survivor.” August 2007
- *Asian Vogue* March 2007
- *New York Times*, Style Section, “Pedicure Junction.” Spring 2007
- *All You Magazine* March 2006
- *Gotham Year Book Fall 2006* “Grand Opening of Institute Beauté, Fall 2006
- *The Daily Scene* November 2006

- *The New York Times*, "Saggy Ankles" November 2006
- *The New York Times, Science Times* "Fashion and Woman's Feet" November 26, 2006
- *Women's Wear Daily* November 7 2006
- *Instyle* "Extreme Measures." October 2006
- *Cosmetic Surgery Times* Foot Treatments, Surgery Go The Extra Mile, by Linda Marie Wetzel, October 2006, Vol. 9, No. 9, pages
- *Harpers Bazaar (United Kingdom)* September 2006, pages 234-235.
- *Vogue*, "The Age Issue, beauty: "Sole Survival." August 2006, pages 296-297
- *New York Post*, "How Lunch Hour Lifts Really Work," March 1, 2004
- *Essence*, "Body Works," March 2004
- *Prevention*, "Sex and the City Foot Surgery," March 2004
- *USA Weekend*, "Hot Feet Need TLC," February 20-22, 2004
- *The Daily*, "Socialite Ankles," February 11, 2004
- *Modern Bride*, "The Splurge Foot Facial," December - January 2004
- *Elle*, "Foot Micro-Dermabrasion," January 2004
- *Vogue*, "No Pain No Gain Can You Survive High Heels," February
- *The Times*, "Painful Price to Pay for the Perfect Toe Cleavage," December 8, 2003
- *Marie Claire*, "Flaunt Your Feet," December 2003
- *Shuz*, "Your Complete Guide to What's Underfoot," Fall 2003
- *USA Today*, "Crooked Tootsies Keep Doctors On Their Toes," September 4, 2003
- *The Wall Street Journal*, "Pumps Put On the Squeeze," August 8, 2003
- *Men's Journal*, "A Pedicure? Why, Yes," July 2003
- *Time Out New York*, "Self-Love," July 17-24, 2003
- *Unica*, "Complexo de Cinderela," August 23, 2003
- *Marie Claire*, "Cosmeceuticals," August 2003
- *New York Post*, "Making the Cut," August 17 2003
- *Los Angeles Confidential*, "Completely Booked," June 1-August 31 2003
- *New York Post*, "On Your Toes," June 16, 2003
- *The Globe and Mail*, "The New T&A," June 21, 2003
- *Shape*, "Ten Ways to Look Hot and Stay Cool," July 2003
- *The New York Times*, "The Foot Experts Are In," June 1, 2003
- *Harper's Bazaar*, "Cellulite What Gets Results," June 2003
- *Newsweek*, "Don't be a Heel," May 12, 2003
- *Femme Actuel*, "Botox et Champagne les Soirees Antirides", May 5-11, 2003
- *Marie Claire*, "Erase Discoloration," April 2003
- *Vogue*, March 2003
- *Harper's Bazaar*, "The High-Heel Workout," March 2003
- *Elle*, "Leg Show," March 2003
- *Woman's Day- Eating Light*, "Keep on Walking," March 31, 2003
- *Newsday*, "Partying Without the Pain," December 16th, 2002
- *W*, "High and Mighty," September 2002
- *New York Magazine*, "The Botox Bibles: Reading between the Lines," August 26 - September 2, 2002
- *Marie Claire*, "Fantastic Feet," August 2002
- *US Weekly*, "Buff Spa," July 8 - 15 2002
- *The Briefing Concorde Magazine, London/New York*, "Rolling Back the Years," July 2002
- *Self Magazine*, "Quirky Foot Facts," June 2002
- *People Magazine*, "Fancy Foot Facts," June 3, 2002
- *New York Magazine*, "Chasing Beauty," May 27, 2002
- *Bottom Line Health*, "Quick Fixes for Problem Feet," May 2002

- *US Weekly* In cover story, "How Far Stars Go to Get—And Stay—Gorgeous: Foot Facials, May 20, 2002
- *Woman's Day* "Pedicures" May 14, 2002
- *Gotham*, "Buff Spa," May 2002
- *Elle* Beauty/Hand and Feet, "Operation Pedicure" April 2002
- *In Style Magazine*, "Beauty Scourge: Corns and Calluses," Special Issue, Spring 2002
- *W* "Cold Feet" January 2002
- *New York Magazine* "Heeling Soles" by David Carr, December 3, 2001
- *New York Post*, "Foot Facials," November 14, 2001
- *In Step*, "Digital Doctoring," October 2001
- *The Times Magazine* London, England "The Moment I Wake Up" by Joanna Coles, July 21 2001
- *The Times Magazine*, "Collagen Therapy for Feet," July 21, 2001
- *New York Times*, "When the Heels are Here to Stay," July 1, 2001
- *ES magazine* by Wendy Lewis, July 2001
- *Bolero*, "Starker Auftritt," May 2001
- *Cosmopolitan*, "Sole Softener," May 2001
- *Vogue Nippon*, "High Heels Form & Function," April 2001
- *Glamour Magazine*, "High Heels Don't Have To Hurt," March 2001
- *Self Magazine*, "Save Your Soles," February 2001
- *Town & Country*, "The High Heel Season," December 2000
- *Woman's Day*, "Feet," November 2000
- *Good Housekeeping*, "Oh, Those Aching Feet," November 2000
- *USA Today*, "Cool Touch Laser," November 2000
- *The Evening Standard*, "A Face Lift For The Feet," November 2000
- *Vogue*, "Happy Soles" November 2000
- *Essence*, "Curing A Toenail That Repeatedly Lifts Off," November 2000
- *Brunch International*, "Birthday Bash," October 2000
- *Entertainment Weekly* October 2000
- *Newsweek*, "Manolo's Big Moment," September 2000
- *More Magazine*, "Putting Your Best Foot Forward," August 2000
- *New York Post*, "Hampton's Hospitality," August 2000
- *Hamptons*, "Couri," August 2000
- *Elle*, "Sole Saver," August 2000
- *Star*, "How Sweet It Is," *Magazine* July 2000
- *New York Magazine*, "Foot Soldier," July 2000
- *Shape*, "The Power Peel", May 2000
- *Family Circle*, "The Feel-Good Guide for Feet", April 18, 2000
- *Allure*, "Institute Beaute", March 2000
- *Bazaar*, "Foot Notes", April 2000
- *W, New Age Woman* - "Best Foot Forward", November 1999
- *Bottom Line* - "Readers ask," September 15, 1999
- *Avenue*, "A Great Pair of Pins," June/July 1999
- *Vogue*, "Sole Revival," June 1999
- *More Magazine*, "Kicking Foot Problems," April 1999
- *Martha Stewart Living*, "Garden Footwear," March 1999
- *Ladies Home Journal*, "My Aching Feet," July 1998.
- *Spa*, "Well-Healed Heels," Summer 1998.
- *Spa*, "Step On It: You're Only A Walk Away," Summer 1998.
- *Vogue*, "Best Foot Forward," December 1997.
- *Glamour*, "End Smelly Feet," November 1997.

- *Wall Street Journal*, “New Fall Fashions Put the Ouch Back Into Women’s Shoes,” October 13, 1997.
- *Glamour*, “The Secrets of Why Feet Smell,” September 1997.
- *Mode Magazine*, “Holiday Foot Notes,” Fall 1997.
- *Family Circle*, “10 Ways to Boost Your Health During the Holiday Season,” Fall 1997.
- *American Health For Women*, “If the Sandal Fits,” July-August, 1997.
- *Bottom Line Health*, “Common Foot Problems, Prevention and Treatment,” July 1997.
- *Fitness*, “Tender Foot Fix,” March 1997.
- *Cosmopolitan*, “Foot Notes,” January 1997.
- *Nailpro*, “Sweaty Hands,” January 1997.
- *Essence*, “Your Holiday Survival Guide,” December 1996.
- *Ladies Home Journal*, “How Should I Treat Cracked Heels,” November 1996.
- *Nailpro*, “Foot Fissures,” November 1996.
- *Ladies Home Journal*, “Dear Beauty Doctor: “How Should I Treat Cracked Heels?” November 1996
- *Your Health*, “Feel-Good Feet,” April 1996.
- *First*, “No More Aching Feet,” November 1995.
- *Vogue*, “High Heel Hell,” February 1995.
- *The Wall Street Journal*, “Fashion Slaves Get Kicks From Spike Heels,” January 20, 1995.
- *Glamour*, “Preparing Your Feet For Summer”, June 1994.
- *Manhattan*, “Best Foot Forward”, No. 38, Spring 1994.
- *Ladies Home Journal*, “At-Home Pedicure Dos and Don’ts,” May 1993.
- *Redbook*, “Be Good to Your Feet!,” February, 1993.
- *Weight Watchers*, “Walk of Life”, August 1992.
- *The New York Times*, “When Feet Pay the Price of Being In Fashion,” July 15, 1992.
- *Your Health*, “Shoes,” July 1991.
- *Tennis USTA*, “500 Pounds of Pressure,” May 1991.
- *Essence*, “How Can I Safely Remove Calluses from My Feet?” March 1991.
- *Vogue*, “Aging Feet,” March 1991.
- *Prevention*, “Here Come the Walkathons!” March 1991.
- *NailPro*, “Pedi-Cures: Dry Skin Syndrome,” December 1990.
- *McCall’s*, “A Guide to Common Foot Problems,” June 1989.

LECTURE ENGAGEMENTS

- Dallas Podiatric State Society, November 2007
- New York State Podiatry Association Annual Convention NYC, The Marriott Hotel January 2007
- International Aesthetic Foot Society, “Hands On Course in Aesthetic Podiatry”, The Venetian Hotel, Las Vegas, September 2006
- International Aesthetic Foot Society, “Hands On Course in Aesthetic Podiatry”, The Regency Hotel, NYC, June 2006.
- International Aesthetic Foot Society, “Hands On Course in Aesthetic Podiatry”, The Regency Hotel, NYC, January 28, 2006.
- International Aesthetic Foot Society, “Course in Aesthetic Podiatry”, The Regency Hotel, NYC, December 10, 2005.
- Vice President and Co-Founder – International Aesthetic Foot Society, “Course in Aesthetic Podiatry”, The Marriott Marquis, NYC, October 15, 2005.
- Guest speaker with Everett M. Loutin, MD at book signing for *The Botox Book* – Barnes & Noble, Citigroup Center, 160 East 54th Street, NYC – August 28, 2002.
- Honoree and guest speaker – American Association of Women Podiatrists – April 26, 2002, New York School of Podiatric Medicine.
- IMCAS – International Master – “Aging Skin”, January 15 – 17 2000, Paris, France

- Canyon Ranch Health Spa - "The Aging Foot" and "Walking for Fitness," March 1997.
- Colgate-Palmolive - "Walking For Your Health," March 1997
- Equitable - "Walking For Your Health," June 1997.
- Smith Barney - "On Your Feet," January & June 1997.
- Revlon - "Walking for Your Health," June 1997.
- FIT (Fashion Institute Technology) - "Fit and Fashionable Feet," March 1997.
- HBO - "Walk It Off!," February, 1997.
- Lehrer, McGovern, Bovis - "How to get Your Feet in Shape for Spring," February, 1997.
- Merrill Lynch - "Foot Pathology," February 1997.
- New York Road Runners Club - "Run it Off!," May 1996.
- Dean Witter Reynolds - "The Aging Foot and Walking for Fitness," January 1994.
- New York Times - "Walking and the Aging Foot," December 1993.
- Exxon Corporation - "Walking for Fitness," December 1989.

MEDIA APPEARANCES / INTERVIEWS

TELEVISION

- Dr. Oz
- The Doctors
- CBS: Live From The Couch. Keeping Your Feet Healthy With Dr. Suzanne Levine
- NY1 "Flexible Footwear Preferable for Toddlers' First Steps" December 6, 2011
- Sundance Channel "Love Lust Heel" November 29, 2011
- Bravo "Podiatrist to the Stars" October 27, 2011
- Rachel Ray Show "The Dangers of High Heels" July 8, 2011
- NY1 "Ready Feet in 7 Days" June 15, 2011
- FOX "Dangers of High Heels" April 3, 2011
- CBS "Name Shoe Intervention" March 29, 2011
- NY1 "A Runner's View of The ING NYC Marathon" November 10, 2010
- CBS "The Worst Shoes for Ladies Feet" October 5, 2010
- NY1 "Custom Made Insoles Can Prevent Foot Pain" October 5, 2010
- LX New York "How to Prevent Stress Fractures" October 4, 2010
- LX New York "Keep Your Feet Healthy For Fall" September 22, 2010
- Nightline, "Foot Lifts." August 27, 2009
- NY1 "Feed Your Stiletto Addiction without Sending Your Feet to Rehab" August 8, 2010
- LX New York "Latest Podiatry Procedure Promise – Cinderella feet" August 4, 2010
- NBC Today "High heel Hazard – How to Balance Your Style with Good Health" July 27, 2010
- LX New York "High Heels: Are They Bad For Your Body?" July 22, 2010
- NBC "Today," Summer Soles Fabulous In The Heat. July 13, 2010
- LX New York "My Feet Are Killing Me" March 23, 2010
- LX New York "Killer High heels, Worth The Pain?" March 10, 2010
- Extra "Pillows for Your Feet" December 2009
- WCBS News at 11:00," November 10, 2009
- WCBS ""News at 6:00," September 22, 2009
- NBC "Today," August 14, 2009
- CBS "The Early Show," August 8, 2009
- NBC "Today" May 21, 2009
- CBS "The Early Show" November 2008
- Today Show 2008
- CBS News, October 2008
- Judith Regan's Radio Show, June 2, 2008
- CNBC "High Net Worth", March, 2008
- Fox News.com, Health Talk with Dr. Manny Alvarez, September 2007

- Today Show, July 5, 2007
- Today Show, June 22, 2007
- Extra Segment –The Academy Awards - Filmed on February 13 2007
- Nightline January 25,2007
- Access Hollywood January 10,2007
- LTV Swedish TV October 2006
- Fox Inside Edition October 2006
- 20/20 August 2006
- ABC News with Dianne Sawyer November 2006
- NBC, "Today Show" with Katie Couric, April 13, 2006
- FOX, "Good Day New York", June 11, 2004.
- Extra, June 3, 2004.
- Access Hollywood, May 27, 2004.
- CNN, April 6, 2004.
- News 4 NY, November 18, 2003
- 20/20 "High On Heels," November 14, 2003
- WABC TV, November 5, 2003
- Telemundo, November 4, 2003
- WB11 Morning News "Toe Shortening," October 30, 2003
- CNN Live Today, September 8, 2003
- NBC "Today," August 12, 2003
- NBC "Today," July 2, 2003
- QVC March 8, 2003
- ABC "The View" with Barbara Walters, May 16, 2002
- NBC "Today", with Katie Couric, April 30, 2002
- WPIX Joan Lunden "Behind Closed Doors," April 2002
- WNBC "Earlier Today" April 29, 2002
- NBC "Today Show Weekend" April 20, 2002
- ABC "The View" with Barbara Walters, November 2001
- Fox Cable, Fox and Friends, July 12, 2000
- NBC "Today", with Katie Couric, June 20, 2000
- NBC Early Morning with Jane Hanson June 28, 2000
- NBC "Later Today" with Florence Henderson, January 25, 2000
- NBC Weekend 1999
- NBC "Today", March 23 1999
- LIFETIME, August 1998.
- FOX NEWS, "Health Weekend Update," February 14, 1998.
- CBS NEWS, "CBS Live with Dr. Senay," 1998.
- FOX NEWS, "Fox Health Weekend," May 17, 1997.
- Channel 4, "Extra," 1997.
- ABC News, with Dr. J. Adelsburg, "Burning Feet," New York, August 22, 1996.
- ABC TV, "The Home Show," New York, February 8, 1990.
- CBS TV, "News: Dr. Peter Salgo," March 24, 1989.
- ABC TV, "Live with Regis and Kathie Lee," 1989.
- ABC TV, "The Morning Show," New York, July 12, 1988.
- ESPN TV, "Don Gould Show," September, 1987.
- CBS TV, "Live at Five," May, 1987.
- ABC TV, "The Oprah Winfrey Show," 1987.

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